

Not Drowning But Waving

The Journey From Fear to Faith

Heart & Anchor Church



9.50am Zoom starts admitting people

10.00am If you have already arrived click here to join with opening hymn

A mighty fortress is our God

Welcome and introduction

The Lord is Here

His Spirit is with us

- As usual, we will mute everyone unless they are speaking. If you speak, you will need to respond to the invitation to unmute yourself to do so.
- A reminder if you haven't got it already that you are invited to bring a glass of water as well as bread and/or wine if you wish to consume at the time of communion.
- If you need or want to communicate with the host or everyone please feel free to use the chat facility. E.g. if you want to respond to the singing or testimony or preaching or if you have a technical issue and want help.

Opening prayer

Almighty God,

to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord.

Amen.



Confession

When we cry out to the Lord in our trouble,

All he will deliver us from our distress.

God will bring us out of darkness

All and out of the shadow of death.

Short penitential sentences may be inserted between the petitions of the Kyrie.

Lord, have mercy.

All Lord, have mercy.

Christ, have mercy.

All Christ, have mercy.

Lord, have mercy.

All Lord, have mercy.

May the Father forgive us

by the death of his Son

and strengthen us

to live in the power of the Spirit

all our days.

All Amen.

Let us give thanks to the Lord for his goodness,

All and the wonders he does for his children.

Let us offer him sacrifices of thanksgiving

All and tell of his acts with shouts of joy.

cf Psalm 107

All Amen.

The Collect

Silence is kept.



Gracious Father,
Revive your church in our day,
And make her holy, strong and faithful,
For your glory's sake
In Jesus Christ our Lord

All Amen.

Old Testament Reading

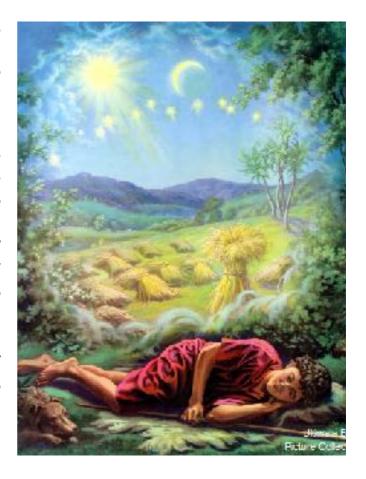
Genesis 37:1-4, 12-28

Read by

Joseph Dreams of Greatness

Jacob settled in the land where his father had lived as an alien, the land of Canaan. This is the story of the family of Jacob.

Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father's wives; and Joseph brought a bad report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.





Joseph Is Sold by His Brothers

Now his brothers went to pasture their father's flock near Shechem. And Israel said to Joseph, 'Are not your brothers pasturing the flock at Shechem? Come, I will send you to them.' He answered, 'Here I am.' So he said to him, 'Go now, see if it is well with your brothers and with the flock; and bring word back to me.' So he sent him from the valley of Hebron.

He came to Shechem, and a man found him wandering in the fields; the man asked him, 'What are you seeking?' 'I am seeking my brothers,' he said; 'tell me, please, where they are pasturing the flock.' The man said, 'They have gone away, for I heard them say, "Let us go to Dothan." 'So Joseph went after his brothers, and found them at Dothan. They saw him from a distance, and before he came near to them, they conspired to kill him. They said to one another, 'Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams.' But when Reuben heard it, he delivered him out of their hands, saying, 'Let us not take his life.' Reuben said to them, 'Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him'—that he might rescue him out of their hand and restore him to his father. So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; and they took him and threw him into a pit. The pit was empty; there was no water in it.

Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. Then Judah said to his brothers, 'What profit is there if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh.' And his brothers agreed. When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

This is the Word of the Lord

Thanks be to God

silence

Song: Poor poor Joseph from Joseph and the amazing technicolour dreamcoat

silence



When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to Matthew

All Glory to you, O Lord.

Matthew 14:22-33

Jesus Walks on the Water

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And



they cried out in fear. But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.'

Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

At the end

This is the Gospel of the Lord.

All Praise to you, O Christ.



Talk by Rosy Fairhurst

Song: Walking on Water - Rene and Gillaume Worship

Declaration of Faith

Christ has died

Christ has died

Christ has risen

Christ has risen

Christ will come again

Christ will come again

I believe, Alleluia!

I believe, Alleluia!

Peace

We are all one in Christ Jesus.

We belong to him through faith,

Heirs of the promise of the spirit of peace.

The Peace of the risen Lord be always with you

And also with you.

Let us offer one another a sign of God's peace – in person or by text or message! Zoom peace is saved for coffee time!

Song: Anchored in Love

The Liturgy of the Eucharist follows

The Lord is here.

All His Spirit is with us.



Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right,
it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ your Son our Lord.
Therefore, with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit



these gifts of bread and wine

may be to us his body and his blood;

who, in the same night that he was betrayed,

took bread and gave you thanks;

he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

All To you be glory and praise for ever

In the same way, after supper

he took the cup and gave you thanks;

he gave it to them, saying:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it,

in remembrance of me.

All To you be glory and praise for ever.

Therefore, heavenly Father,

we remember his offering of himself

made once for all upon the cross;

we proclaim his mighty resurrection and glorious ascension;

we look for the coming of your kingdom,

and with this bread and this cup

we make the memorial of Christ your Son our Lord.

Jesus Christ is Lord:

All Lord, by your cross and resurrection

you have set us free.

You are the Saviour of the world.

Accept through him, our great high priest,



this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

All To you be glory and praise for ever.

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

All Blessing and honour and glory and power be yours for ever and ever. Amen.

As our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.



Breaking of the Bread

We break this bread to share in the body of Christ.

All Though we are many, we are one body, because we all share in one bread.

The invitation

Be present, be present, Lord Jesus Christ, our risen high priest;

make yourself known in the breaking of bread. **Amen.**

Post Communion Prayer

Holy Father,

Who gathered us here around the table of your Son

To share this meal with the whole household of God:

In that new world where you reveal the fullness of your peace,

Gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord. **Amen**

The Blessing

May the peace of God, which passes all understanding,

Keep your hearts and minds in the knowledge and love of God,

And of his Son our Saviour Jesus Christ.

And the blessing of God Almighty,

The Father, the Son and the Holy Spirit

Be among you and remain with you always. Amen.

The Dismissal

Go in peace to love and serve the Lord. In the name of Christ. Amen.

Song: Christ be with me

